Thursday, March 3rd, Walnut Hall

09.00-12.00 Inspires Communication Course

12.00-12.30 Coffee break

12.30-14.00 Round table: Metabolic syndrome and the cardiovascular disease

Chairmen: Nicolae Hancu, Cristian Serafinceanu
Panel:
Nicolae Hancu: The new concept of metabolic syndrome
Cristian Serafinceanu: The renal involvement in the metabolic syndrome
Dragos Vinereanu: The heart failure and metabolic syndrome
Gabriela Roman: The obesity and metabolic syndrome
Andrei Veresiu: The Diabetes Mellitus and metabolic syndrome
Amorin Popa: Therapeutic management of the metabolic syndrome
Doina Catrinoiu: The prevention of metabolic syndrome
Cornelia Bala: Psychiatric severe diseases and metabolic syndrome

14.00-15.00 Lunch break

15.00-15.45 Pre-Conference course: The Empa-Reg Outcome Trial and beyond – Eberhard Standl (Germany)

15.45-16.30 Pre-Conference course: Diabetes Mellitus as comorbid condition in heart failure – Stefan Stork (Germany)

16.30-17.00 Coffee break

17.00-17.45 Pre-Conference course: Dietary fat and cardiovascular disease - an update – Pramod Khosla (USA)
2nd International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications

INTERDIAB
March 3rd-5th, Bucharest-Romania

17.45-18.30 Pre-Conference course: *Cardiovascular autonomic neuropathy in Type 2 Diabetes Mellitus* - Rodica Busui (USA)

18.30-20.00 Opening Ceremony & Cocktail

**Thursday, March 3rd, Eucalyptus Hall**

12.30-13.15 Pre-Conference course: *Prediction must precede prevention in Type 1 Diabetes Mellitus* – Constantin Ionescu-Tirgoviste

13.15-14.00 Pre-Conference course: *Cardiovascular risk evaluation and management in patients with Type 2 Diabetes Mellitus* – Radu Lichiardopol

14.00-15.00 Lunch break

15.00-16.30 MasterClass Course

16.30-17.00 Coffee break

17.00-18.30 MasterClass Course

**Friday, March 4th, Walnut Hall**

08.30-10.00 SESSION I – Chairmen: Cristian Serafinceanu, Antonio Ceriello

08.30-08.55 *The vascular involvement in the reno-metabolic syndrome* – Cristian Serafinceanu

08.55-09.20 *Diabetes and CVD: the renaissance of glycemology* – Antonio Ceriello (Spain)

09.20-09.40 *The assessment of glycaemic control in Romanian Type 2 Diabetes patients treated with insulin glargine after failure of non-insulin therapy in daily clinical practice* – Cristian Guja, Gina Botnariu, Anca Cerghizan, Mihaela Dinca, Amorin Popa, GinaSuciu

09.40-10.00 *Creating models for improving diabetes therapy with multivariate data visualization* - Snezana Savoska, Zlatko Savoski, Violeta Manevska

10.00-10.30 Coffee break

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10.30-12.00 SESSION III – Chairmen: Wolfram Doehner, Dan Gaita
10.30-10.55 Diabetes and heart failure – interaction and mutual aggravation – Wolfram Doehner (Germany)
10.55-11.20 Obesity – the heaviest burden for cardiovascular disease? - Dan Gaita
11.20-11.40 Resistant hypertension in patients with chronic kidney disease and Diabetes Mellitus – an observational study - Mircea Munteanu, Bogdan Timar, Romulus Timar, Adrian Sturza, Adrian Enache, Adalbert Schiller
11.40-12.00 Association between Type 2 Diabetes and inflammation markers in patients with coronary artery disease - Daniel Lighezan, Adina Morgovan, Vlad Ivan, Melania Ardelean, Cristian Sarau, Sorin Ioanoviciu, Roxana Buzas

12.00-12.45 Lilly Diabetes Symposium: Abasaglar – Experience Matters – Cristian Guja, Eduard Adamescu

12.45-13.30 AstraZeneca Symposium

13.30-14.30 Lunch break

14.30-16.00 SESSION V – Chairmen: Andrei Veresiu, Paolo Pozzilli
14.30-14.55 An analysis of regional distribution of diabetic foot related problems in Romania – Andrei Veresiu
14.55-15.20 The changing face of Type 1 Diabetes: from diagnosis to therapy - Paolo Pozzilli (Italy)
15.20-15.40 Possible correlations between cardiovascular manifestations of diabetic neuropathy and diabetic chronic kidney disease - Eduard Adamescu, Alexander Popa, Mirela Tache, Carmen Dobjanschi
15.40-16.00 Early assessment of endothelial dysfunction using endothelial progenitor cells (epcs) in metabolic syndrome (mets) - Gabriela Traian, Elena Popa, Cristina Bologa, Adorata Elena Coman

16.00-16.30 Coffee break

16.30-18.00 SESSION VII – Chairmen: Dragos Vinereanu, Gabriel Tatu-Chitoiu
16.30-16.55 New echocardiographic tools for the diagnosis of subclinical diabetic cardiomyopathy - Dragos Vinereanu
16.55-17.20 The diabetic patient with STEMI - RO-STEMI 2015 data – Gabriel Tatu-Chitoiu

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17.20-17.40 Salivary alpha-amylase activity – a possible non-invasive biomarker of cardiovascular involvement in Type 2 Diabetes Mellitus - Lucia Corina Dima–Cozma, Cristina Mihaela Ghiciuc, Florin Mitu, Francesca Romana Patacchioli

17.40-18.00 Preventing atrial fibrillation (af) recurrence by a good metabolic control in Diabetes Mellitus (dm) patients. Results from a prospective study in Constanta County, Romania - Irinel-Raluca Parepa, Andra-Iulia Suceveanu, Adrian-Paul Suceveanu, Doina Catrinoiu, Doina-Ecaterina Tofolean, Laura Mazilu

18.00-18.45 Sanofi Symposium

18.45-19.30 Sanofi Symposium

Friday, March 4th, Eucalyptus Hall

08.30-10.00 SESSION II – Chairmen: Helmut Schatz, Bogdan Mihai
08.30-08.55 Prevention of cardiovascular disease in diabetes patients after the SPRINT and ACCORD-ON study - time for a change of the guidelines? – Helmut Schatz (Germany)
08.55-09.20 Diabetic dyslipidemia: the new approach on a traditional risk factor for cardiovascular disease – Bogdan Mihai
09.20-09.40 Correlations between cardiovascular risk factors, diabetes and geriatric syndromes in the elderly patients - Adina Carmen Ilie, Ramona Stefaniu, Anca Iuliana Pislaru, Irina Cracana, Ioana Dana Alexa
09.40-10.00 Statins in Diabetes Mellitus (dm) patients with normal blood pressure (bp), preserved left ventricle ejection fraction (lvef) and high nt-pro-bnp as a marker of subclinical metabolic cardiomyopathy. A 2-year prospective study in Constanta County, Romania - Irinel-Raluca Parepa, Andra-Iulia Suceveanu, Adrian-Paul Suceveanu, Doina Catrinoiu, Doina-Ecaterina Tofolean, Laura Mazilu

10.00-10.30 Coffee break

10.30-12.00 SESSION IV – Chairmen: Ovidiu Chioncel, Mitja Lainscak
10.30-10.55 Hyper-glycaemia in acute heart failure – Ovidiu Chioncel
10.55-11.20 Does metabolic syndrome exist in heart failure and why not? – Mitja Lainscak (Slovenia)

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11.20-11.40 Predisposing factors for cardiac autonomic neuropathy in Diabetes Type 1: Cristina Rizov, Lorina Vudu

11.40-12.00 Type 2 Diabetes: a driver for chronic heart failure - Camelia Diaconu, Alexandrina Nastasa, Abdul Rehman Zaki, Muhammad Arsalan

12.00-12.45 MSD Symposium: Is there a preferred option in the 2nd line treatment of Type 2 Diabetes? Sitagliptin - what do we know after 8 years of experience – Paolo Pozzilli (Italy)

12.45-13.30 MPOC Symposium

13.30-14.30 Lunch break

14.30-16.00 SESSION VI – Chairmen: Predrag Djordjevic, Anders Green
14.30-14.55 The pathogenesis of cardiovascular complications in prediabetes syndromes – Predrag Djordjevic (Serbia)
14.55-15.20 Cardiovascular disease and diabetes. Results from the Danish Diabetes Impact Study - Anders Green, Camilla Sortso, Peter Bjoedstrup Jensen, Martha Emneus (Denmark)
15.20-15.40 Ambulatory pulse pressure is associated with high-sensitivity C-reactive protein and vascular adhesion molecule-1 in Type 2 Diabetes - Dana-Mihaela Ciobanu, Anca-Elena Craciun, Gabriela Roman
15.40-16.00 Heart failure prognostic model – Lucian Axente, Crina Sinescu, Gabriel Bazacliu

16.00-16.30 Coffee break

16.30-18.00 SESSION VIII – Chairmen: Cristian Guja, Gabriela Radulian
16.30-16.55 Artificial pancreas in the treatment of Type 1 Diabetes – Cristian Guja
16.55-17.20 Patient approach with hypertension and metabolic disorders - Gabriela Radulian, Carmen Dobjanschi
17.20-17.40 Role of automatic blood pressure monitoring in effective treatment of patients with hypertension - Viorel Manea, Calin Pop, Lavinia Pop
17.40-18.00 Relation between blood pressure values and the progression of renal disease in patients with Diabetes Mellitus - Mircea-Catalin Fortofoiu, Maria Fortofoiu, Aurelian Dobrinescu

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18.00-18.30 Fresenius Kabi Symposium - *Nutrition, a reliable ally for chronic kidney disease patients*
Keto-diet therapy and cardiovascular risk in diabetic chronic kidney disease - Ileana Teodoru
*The influence of Ketoanalogues supplement on vascular stiffness in pre-dialysis - an observational study* – Andrei Niculae, Cristiana David

18.30-19.00 Symposium 8

19.00-19.30 Symposium 9

**Saturday, March 5th, Walnut Hall**

08.30-10.00 SESSION IX – Chairmen: Daniel Lighezan, Ioan Mircea Coman
08.30-08.55 Dyslipidemia and Diabetes Mellitus: association or consequence? – Daniel Lighezan
08.55-09.20 Orthostatic hypotension in patients with Diabetes Mellitus – Ioan Mircea Coman
09.20-09.40 To treat or not to treat - the real impact of SGLT-2 inhibitors on cardiovascular risk - Bogdan Timar, Romulus Timar
09.40-10.00 The evolution of cardiovascular risk factors 6 months after the intensification of lifestyle changes in obese, Type 2 Diabetes patients with an indication for metabolic surgery - Diana Simona Stefan, Daiana Bajko, Daniela Lixandru, Laura Petcu, Ariana Picu, Bogdan Smeu, Catalin Copaescu, Constantin Ionescu-Tirgoviste, Cristian Guja

10.00-10.30 Coffee break

10.30-12.00 SESSION XI – Chairmen: Romulus Timar, Doina Catrinoiu
10.30-10.55 Therapeutic crossroads between hypertension and Diabetes Mellitus – Romulus Timar
10.55-11.20 Clinical significance of modern agents used in the treatment of Type 2 Diabetes Mellitus – Doina Catrinoiu

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11.40-12.00 Thyrotoxicosis and electrical storms of a diabetic heart - D. Voiculescu, C.I. Andrei, S.S. Busnatu, D.C. Badiu, C.J. Sinescu

12.00-12.45 AstraZeneca Symposium: Modern injectable therapies in Type 2 Diabetes Mellitus treatment
Chairman: Romulus Timar
BYDUREON Pen – both efficiency and adherence are now easier to obtain - Bogdan Mihai
BYETTA & basal insulin – an intelligent partnership - Cristian Guja

12.45-13.30 Novo Nordisk Symposium

13.30-14.30 Lunch break

14.30-16.00 SESSION XIII – Chairmen: Gabriela Roman, Simona Fica
14.30-14.55 New pharmacologic agents for the management of obesity – Gabriela Roman
15.20-15.40 Intravenous glucose tolerance test to assess insulin sensitivity and secretion in active acromegaly - Dan Alexandru Niculescu, Roxana Dusceac, Andra Caragheorgheopol, Nicoleta Popescu, Catalina Poiana
15.40-16.00 The importance of evaluating the nutritional status of the elderly patients with or without Diabetes Mellitus - Alexa Irina Cracana, Anca Pislaru, Ramona Stefaniu, Adina Carmen Ilie, Ioana Dana Alexa

16.00-16.30 Coffee break

16.30-18.00 SESSION XV – Chairmen: Gyorgy Jermendy, Maria Mota
16.30-16.55 Why the cardiovascular safety of the new antidiabetic drugs became an important issue in our recent clinical practice? - Gyorgy Jermendy (Hungary)
16.55-17.20 The link between Diabetes Mellitus and cardiovascular disease - Maria Mota
17.20-17.40 A morphological and immunohistochemical study of the vascular abnormalities in neuropathic diabetic foot - Raluca Maria Popescu, Gina Botnariu, Cristina Mihaela Lacatusu, Bogdan Mihai, Alina Delia Popa, Alina Onofrescu, Eduard Catrina, Dana Degeratu, Iulian Brezean
17.40-18.00 Skin-grafting in patients with arteriopathic diabetic foot - Iulian Brezean, Mihaela Vilcu, Eduard Catrina, Sorin Aldoescu, Sorin Petrea, Ileana Pantea
18.00-18.30 Roche Symposium

18.30-19.00 Alfa Wassermann Symposium: *Glycosaminoglycans benefits in diabetic angiopathy* - Dan Cheta, Dr. Diana Zilisteannu

19.00-19.30 Fresenius Medical Care Symposium: *Body composition monitor* – Cristian Serafinceanu

**Saturday, March 5th, Eucalyptus Hall**

08.30-10.00 SESSION X – Chairmen: Mircea Penescu, Monika Lichodziejewska-Niemierko

08.30-08.55 *Hypertension in diabetic renal disease: characteristic features* – Mircea Penescu

08.55-09.20 *Cardiovascular risk in diabetic peritoneal dialysis patients* – Monika Lichodziejewska-Niemierko (Poland)

09.20-09.40 *A possible link between frailty and diabetes* – Sorina Maria Aurelian, Oana Maria Stanciu, Andreea Zamfirescu, Justin Aurelian, Adriana Sarah Nica, Ana Capisizu

09.40-10.00 *Diabetic retinopathy is a possible prognostic factor for chronic kidney disease progression?* - Anca Pantea-Stoian, Georgiana Ditu, Viviana Elian

10.00-10.30 Coffee break

10.30-12.00 SESSION XII – Chairmen: Eugen Mota, Adrian Covic

10.30-10.55 *The rapid chronic kidney disease progression in Type 2 Diabetes - new biomarkers* – Eugen Mota

10.55-11.20 *Quality vs quantity or how can we explain the cholesterol paradox in chronic kidney disease* – Adrian Covic

11.20-11.40 *Protein-energy wasting and survival in Diabetes Mellitus hemodialysis patients* - Viviana Elian, Georgiana Ditu, Mihaela Botnarescu, et all

11.40-12.00 *Glycemic variability in Type 2 diabetic patients with chronic kidney disease* - Oana Steriade, Anca Pantea-Stoian, Octavian Savu, Ariel Florentiu, Viviana Elian

12.00-12.45 Symposium 13

12.45-13.30 Symposium 14

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13.30-14.30 Lunch break

14.30-16.00 SESSION XIV – Chairmen: Tiberiu Nanea, Alina Scridon
14.30-14.55 Diastolic dysfunction in diabetic heart - modern echocardiography diagnosis techniques – Tiberiu Nanea
14.55-15.20 Atrial fibrillation and Diabetes Mellitus – Alina Scridon
15.20-15.40 Management of contrast-induced nephropathy in diabetic patients performing coronary angioplasty - Valentin Chioncel, Raluca Nastase (Banu)
15.40-16.00 The drugs with effect in reduction of oxidative stress, platelets aggregation and pro-coagulant status in patients with acute coronary syndromes and Diabetes Mellitus - Elena Bobescu, Horatiu Rus, Costin Strempel, Alexandru Covaci

16.00-16.30 Coffee break

16.30-18.00 SESSION XVI – Chairmen: Florin Mitu, Antoniu Petris
16.30-16.55 Diet - the challenge of cardio-metabolic syndrome – Florin Mitu
16.55-17.20 Incidence or coincidence: pulmonary embolism and Diabetes Mellitus – Antoniu Petris
17.20-17.40 Characteristics of glucose homeostasis and lipid profile in a hamster metabolic syndrome model, after the co-administration of melatonin and irbesartan in a multi-particulate pharmaceutical formation – Cristina Manuela Dragoi, Alina Crenguta Nicolae, Corina Grigore, Cristina Elena Dinu-Pirvu, Andreea Letitia Arsene
17.40-18.00 Biomarkers of obesity for the diagnosis of age-related cardio-vascular disease - Denisa Margina, Claudia Bacanu, Daniela Gradinaru, Marius Cristian Neamtu, Mihaela Ilie, Rucsandra DanCiulescu Miulescu

18.00-18.30 Abbvie Symposium

18.30-19.00 Symposium 16

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